

COACHING

Psychological Counseling

Personal Coaching

60 min · 98 Euro 90 min · 148 Euro

The mindset and lifeseet reflects how balanced and positive heart, mind and life are in tune. With suitable intervention new direction can be set in order to deal better and more positive with challenges, happenings and topics of life in order to get more life quality and life joy.

Change begins with us and in us. Effective approaches are integrated and combined in order to question review stressful thoughts to thereby recognize and change entangled linked behavior and emotions for holistic integration on all levels. It can be combined with Energy Work in order to work and affect deeper.

With integration of mindfulness.

With approaches of The Work from Byron Katie Sessions will be planned as individually needed.

Art Therapy Coaching

Creative Art with colors, shapes, materials can be a way of mental, emotional processes of change, transformation, handling, activation in order to come back to natural harmony. As freestyle, mandala, story, vision map art in combination with coaching techniques or meditation or with release renew ritual.

Mindfulness

In the ancient traditions from Hawaii and Zen the approach of harmony lays in the conscious, mindful, present way of being and doing - integrated in the offers or bookable separately e.g. in events.

SHOP · COURSES · WORKSHOPS

Inspiration for integration in daily being and doing for more ease and joy. As live events or in shop or to-go to take along.

CREATIVE DESIGN

Holistic Space Arrangement

Hawai'i Art of Energy Flow · Feng Shui Interior Design · Space Clearing

Creative holistic designing of space surroundings in line with the principles of the energy teachings Hawai'i Ancient Art of Energy Flow in Design and Placement in nature elements as well as Feng Shui, Geomancy, nature essences, Zen Simplicity, sky earth star directions rhythms constellations connected with modern lifestyle elements set better balance, free natural flow, clear harmony. The review adjustment of shapes, structures, colors fine tune integrates a balanced, powerful, sorted inner and outer composition, placement, order.

Space Clearing clears harmonizes spaces.

The effects of the adjustments unfold reflect in daily being, doing, experiencing, wellbeing, life areas, relationships...

On site review assessment and evaluation in interior and exterior of private or commercial space and areas the definition of improvement and integration of your wishes. Analysis and planning of recommendations for adjustments for implementation execution.

The investment is set in line with the project, extend, composition, execution, time, effort, expenditure, effort and budget.

VOUCHERS by phone or email

Investment includes if applicable
VAT, extra time, extra travel in.

All wellness offers are traditional practices for well-being and harmonizing as holistic inspiration, no therapy medical treatment or healing treatments.

ALOHA NUI

Aloha Nui is being feeling living experiencing your best sunny happy you in Love and Joy from the Heart...



Natural Holistic WELLNESS VITALITY BEAUTY LIFESTYLE

ALIGNMENT

of Heart Mind Energy Body Life in
Hawai'i Temple Style Traditions · Native · Amazon · Zen

ENERGY · VITALITY · Activation

Yoga · Meditation · Mindfulness · Breathing Movement

COACHING · Psychological Counseling

Creative Art Therapy Coaching

CREATIVE SPACE DESIGN

Hawai'i Energy Flow Alignment · Feng Shui

ALOHA NUI · Studio · Kerstin KCM
Kirchstr. 63 in 73765 Neuhausen adF

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Aloha Nia Nui .com seit Feb 2013.

MASSAGE

Hawaii Massage

Lomi Lomi Nui Tempelstyle Massage

90 min · 118 €uro 120 min · 158 €uro

An ancient Hawaiian ritual in traditional style – practiced and applied as a holistic balancing massage and deep body work in order to bring body, mind and soul in natural unity and connection – in centered power, flowing energy, ease and joy. It promotes deeper wellbeing, harmonizing, refreshing and energizing vitalizing.

Aroma Oil Massage

Full Body 65 min · 68 €uro

Back Neck Jaw 35 min · 38 €uro

Foot Meridian 35 min · 38 €uro

A relaxing pleasant balancing massage in style combination from Hawaii, Shiatsu, Meridian, Classic, Thai-Yoga infused with Yin-Yang-Balance – adjusted individually. The aroma fragrances are matched to special properties. The finishing touch closure is a Hawaii Energy Balance Alignment.

Sunny Glow 40 min · 48 €uro

A **Face Massage** for sunny radiant complexion with natural freshness and vitality n fusion from Hawaii and Japan. With special serum essence for regeneration. With neck jaw structure.

Kahi Loa Fusion 60 min · 68 €uro

A Hawaii style ritual infused with aroma oils in layered application with energy balance and integration of seven elements of nature. Promotes deep relaxation balancing.
With pure natural essential oils.

ENERGY

Energy Balance · Activation

60 min · 88 €uro

Hawai'i · Amazon · Native · Japan

Energy Work for more positive life force and ease in flow harmony - can balance, release, improve, align blockages, stagnation, stress, experiences – approaches from Hawai'i Kahi Mana, Quantum Healing, Amazon Light Energy layering, Chakra Balance, Sound Resonance, Pattern Shift, Root Reset, Energy Medicine...
Individually adjusted as needed.

ReiKi · Japan Energy Harmony

60 min · 68 €uro

An original traditional Japanese Energy Work in Dr Mikao Usui Style for energy balance, relaxation and harmonization. Through a certain sequence order blocked areas can be activated, so life force energy can flow freely. Without oil. Lightly covered dressed.

Kahi Loa · Hawai'i Sacred Touch

60 min · 68 €uro

A traditional Hawaii Ritual with Energy Balance in integration of the seven elements of nature. It creates harmonizing, deep centering, heart opening, powerful aligning effects.
Without oil. Lightly covered dressed.

Kids · Teenies

Young people experience daily life, expectations, demands often very stressful overstraining. Through holistic approaches a better balance alignment is set within and around, to connect inner power, stability, with ease and joy. Many years of experience of KidsYouth cooperation together with Psychologist Therapists care shows that this has essentially integrating positive success rates and results and can improve daily process flows.

YOGA · MEDITATION

Vinyasa Flow Yoga

Energy Yoga · Yin Yoga

Session Group 16 €uro

Session one-on-one 88 €uro

Soft flowing movements combined with breathing techniques for balance, harmony, alignment for body, mind and soul – Yoga can strengthen the power of the body and bring relaxation into all systems. Sessions are adjusted to individual needs. Appointments as agreed.

Vinyasa Flow Yoga connects activating dynamic with flowing asanas for harmonious balance.

Energy Yoga integrates the activation of energy systems for clear refreshed centering anchoring.

Yin Yoga leads into still focus intention, opens meridian flow, creates deep balancing, harmonizing, grounding, heart opening, calm flowing.

Meditation

Hawai'i · Japan · Zen · Buddhist

In Shape Fit · Core Body Power

Flow with breathing, moving, weights

80 min · 18 €uro

Hypnose · Theta · Quantum

60 min · 98 €uro 90 min · 148 €uro

Energy Work with Meditation Visualization and Hypnosis for holistic deeper integrtrion - adjusted to topic in Theta Frequency, Quantum Light Energie set - also with timeline shift, root cause release, layer bridging.

Hypnosis in 22 day integration regression suggestion setting. Individually adjusted as needed.